



Garden Salad

From "So Much To Do!"
Season 3, Episode 10



Ingredients/Equipment

- For salad:
 - Kale
 - Lettuce
 - Tomatoes
 - Chives
- For vinaigrette:
 - ½ cup EVOO
 - 3 Tbsp red wine vinegar
 - 1 Tbsp dijon mustard
 - 1 Tbsp honey
 - 2 cloves garlic
 - Salt & pepper to taste

Steps

1. Create a list of vegetables for garden salad.
2. Cut vegetables as needed and add to a large bowl, checking off each ingredient from the list as it's added.
3. Combine ingredients for vinaigrette in a small cup and mix, checking off each ingredient from the list as it's added.
4. Toss vinaigrette and salad together in bowl.
5. Enjoy!

Questions to Ask Your Child

- How do recipes help us when we cook?
- Why is it important to plan ahead?
- What helps you feel organized?

