



Ants on a Log

From "Sensible Senses"
Season 3, Episode 9



Ingredients

- Celery
- Raisins
- Sunflower butter (or alternative)

Steps

1. Cut celery into small ~3 inch logs.
2. Fill the center of the celery logs with sunflower butter.
3. Place raisins on top.
4. Enjoy!

Questions to Ask Your Child

- What are your five senses?
- What senses do we use when we cook?
- Can you tell me how this smells?
- Can you tell me how this tastes?

